



SteppingStone

Your Path to Health and Independence

Licensed as *North and South of Market Adult Day Health, Corporation*

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FOR IMMEDIATE RELEASE

Contact: Moli Steinert
SteppingStone
415-974-6784, ext 25

SteppingStone Adult Day Health Care as the largest and most experienced Adult Day Health Care provider in San Francisco is celebrating its 30th anniversary enabling thousands of frail seniors and disabled adults to live independently at home while thriving in a community that promotes health, happiness, and quality of life.

Founded in 1983 as North & South of Market Adult Day Health by the Curry Senior Center, SteppingStone was the first Adult Day Health Care provider in the country to develop the innovative model of co-location with affordable senior housing through its partnership with Mercy Housing and TODCO. It also provides critically needed respite for family member caregivers, allowing them to go to work knowing that their loved one is happy and being well cared for. The organization is a recognized leader in San Francisco and statewide as an advocate for protecting and defending the rights of seniors and disabled adults.

The celebration will take place at the Bluxome Street Winery, 53 Bluxome Street, San Francisco on Sunday, March 3, 2:00-4:30 pm. SteppingStone will honor Elizabeth Boardman who was the visionary leader in building this model and in establishing the four SteppingStone centers. The event will also feature a chef cook-off by some of San Francisco's finest chefs competing with signature dishes. Entertainment will be provided by members of San Francisco Symphony.

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www.steppingstonehealth.org

ESTABLISHED IN 1984

Administrative Office
Mission Creek Center
930 Fourth Street
San Francisco, CA 94158
TEL: (415) 974-6784
FAX: (415) 974-6785

Golden Gate Center
350 Golden Gate Avenue
San Francisco, CA 94102
TEL: (415) 359-9210
FAX: (415) 359-9282

Mabini Center
55 Mabini Street
San Francisco, CA 94107
TEL: (415) 882-7301
FAX: (415) 882-7390

Presentation Center
301 Ellis Street
San Francisco, CA 94102
TEL: (415) 923-0245
FAX: (415) 923-0275